

**Are you ready
to receive the
Sacrament of
Confirmation?**



The sacrament of Confirmation is the third sacrament of initiation into life in the Christ and His Church. The sacraments of baptism and communion have welcomed you into the community of faith as children.

Preparing to receive the sacrament of Confirmation is a process that invites you to grow in your relationship with Jesus, our Lord through self-reflection, study, and discernment prayer. You'll learn about prayer, liturgy and sacraments, knowledge of our faith, the moral life, Christian community, and the mission of discipleship.

Preparing to receive the sacrament of Confirmation is only the beginning of your life-long journey of discipleship with Christ. The fullness of the gifts of the Holy Spirit you receive at Confirmation are your initiation into life in the light of Christ forever!

Becoming Disciples of Jesus

1. Begin the process: complete your sign-up packet by **October 9, 2017**

Each teen must fully complete a **registration form** and submit a copy of his/her **baptismal certificate** to the Parish Office. Teens baptized at St. Regis do not need to submit a baptismal certificate, but should indicate their baptism date at St. Regis on their registration form.

Confirmation Name - Teens may choose a new Confirmation name or receive Confirmation with his/her baptismal name. If choosing a new name, the new name should have some personal meaning like the name a patron saint or person that lives the Christian lifestyle. Teens can choose the name of a saint or holy person, and receive Confirmation with another form of the saint's name; for example: Maria could use the name of Mary, the Mother of Jesus.

If choosing a new Confirmation name, or receiving Confirmation with your baptismal name, teens should become familiar with a saint or Christian person with that name and be prepared to write a short *discipleship saint report* on this person; each catechist will assign this requirement as part of the classroom work.

Confirmation Sponsor – Each teen must choose one Confirmation sponsor. Sponsors must fit the criteria below:

- † Sponsor must be Roman Catholic and have received the sacrament of Confirmation;
- † Sponsor may NOT be a parent – but could be a baptismal Godparent;
- † Sponsor must be at least 16 years old;
- † Sponsor must provide a copy of their own baptism and Confirmation certificate, and be an active member of their own Catholic parish community.

Sponsors for the sacrament of Confirmation will help their teen reflect on his or her lived relationship with Jesus, our Lord so far in their life; sponsor will help teens think about the best way God is calling them to be like Jesus in the world; sponsors will support their teens through their faith lives for years to come.

Sponsors will be emailed, or mailed Sponsor Packets to complete by Sunday, January 21, 2018. Be sure to provide your sponsor's address, or email address.

2. ENCOUNTER JESUS, STUDY the Church @ classroom sessions

All teens who are preparing to receive the sacrament of Confirmation must be enrolled in **Catholic School or a faith formation program** at St. Regis to participate in the necessary learning and prayer for Confirmation in their classroom.

All teens should take direction from his / her classroom teacher or catechist to complete the requirements for Confirmation preparation. Teens must complete all assigned work, including but not limited to: class assignments, home-work assignments, JOURNAL entries, discipleship report on your own faith life and the life of your Confirmation name saint, etc. All class work must be *up-to-date* at the time of his / her Confirmation Interview, and at the time of the Confirmation Mass. Teens who have not completed work are not ready and will be invited to delay reception of the sacrament of Confirmation.

Parish teens who do not attend St. Regis School or faith formation programs must contact Sarah Hogan (sarah.hogan@stregis.org) regarding preparing to receive the sacrament of Confirmation.

3. MEET Jesus in others through **Christian Service** and care for those in need

Project Intent Form due by October 9, 2017

Completed **Project Reflection Paper** due by February 5, 2018

As confirmed Catholics we all are called to live our lives as “faithful stewards” (see Luke 12:42). “This is the ultimate lesson of stewardship: that a human being is not the owner but only the custodian of God’s gifts in this world, to use them and produce with them the fruits of eternal life” (Hardon, Modern Catholic Dictionary, “stewardship”).

Teens preparing for the sacrament of Confirmation must demonstrate that they are using their gifts for the others. Confirmation teens have learned that God has gifted each of us to be the best of who we were created to be; teens are to use these gifts to do their best for God and the body of Christ in the world.

Teens must choose a project which will put their gifts to the best use. There are many options for this project – teens should choose to work with a charity organization that has meaning for them; projects don’t have to involve direct service and can be done in groups.

Teens must complete the **Christian Service Project Intent Form** by Monday, October 9.

Teens must complete the **Christian Service Project Reflection Paper** questions form by February 5, 2018. Teens will also be asked to discuss their project with Father David Buersmeyer at his / her Confirmation Interview.

4. GROW in your relationship with Jesus through **PRAYER** and our **PARISH COMMUNITY** and **RETREAT**

The sacrament of Confirmation is a new Pentecost for every person who receives it. Like the Apostles in the first century, your hearts must be open and ready to carry on the gifts that God sends to you. It is expected therefore that teens who will receive the sacrament of Confirmation spend time in prayer, thoughtful reflection, and engage with our parish community at this time of preparation, and always.

- What has your lived relationship with Jesus and the Church been like in your life thus far?
- How do you want to grow as a Catholic Christian Disciple of our Lord, Jesus?
- How do you interact with our faith community? What is your relationship with our faith community?
- Spend at least 15 minutes of personal prayer EVERY day talking and listening for God's direction in your life.
- Attend ALL activities and events to prepare for the sacrament of Confirmation.
- Take the time necessary to READ, STUDY, PRAY for your faith-formation classes and activities.
- Grow in COURAGE to SHARE your experience with others.

Confirmation and Discipleship Retreat – Teens who are preparing to receive the sacrament of Confirmation at St. Regis in April 2018 and ALL St. Regis Catholic School 8th graders must attend 1 of 3 retreat sessions; choose from, **Sundays, February 11; March 4; or, March 11.**

All retreat sessions have the same format: St. Regis Parish 12:00noon Mass; 1:30pm lunch and retreat at Manresa Jesuit Retreat Center in Bloomfield Hills; retreat sessions end at 5:00pm at Manresa. Transportation is not provided; teens must arrive to each part of the retreat on-time. Retreat sessions are for teens only; not for sponsors or parents.

Sponsors and parents are encouraged to attend 12:00noon Mass at St. Regis with their teens.

ENROLL YOUR NAME – Teens, and their families and sponsors must attend **12:00 Mass on Sunday, January 21** to participate in the Rite of Enrollment, receive a blessing for their ongoing preparation, and pass out prayer cards to invite our community to pray for them. Completed sponsor packets must be returned at this Mass.

5. Chat this all through with your Pastor, Father David Buersmeyer

Each teen with their sponsor and parent(s) will participate in an Interview to assess their readiness for the sacrament of confirmation with Father Dave. Interviews are TBD at this time, but will take place from February 20 – March 2, 2018.

6. Receive the sacrament of Confirmation and live the Gifts of the Holy Spirit

PRACTICE: Monday, April 16: Students and sponsors or parents attend 6:45 p.m. Mass followed by 7:30-8:30 p.m. Confirmation rehearsal in the church.

MASS: Sunday, April 22: Archdiocese of Detroit Bishop Donald Hanchon will anoint the sacrament of Confirmation on Roman Catholic students who have been preparing to receive this special sacrament this year at our parish 12:00 Mass.

Here's all the dates to remember on one page!

Confirmation Orientation Meetings with Parent(s) September 2017

Registration Packet due October 9, 2017
Registration Form
Baptismal Certificate
Christian Service Project Intent Form
Sponsor's Baptism / Confirmation Certificate

Teen and Sponsor Packet Completed by January 21, 2018

Confirmation Enrollment Mass Sunday, January 21, 2018 at 12 Mass

Christian Service Reflection Paper due Monday, February 5, 2018

Confirmation Retreat (choose 1) Sunday, February 11 @ 12 Mass-5pm
Sunday, March 4 @ 12 Mass-5pm
Sunday, March 11 @ 12 Mass-5pm

Confirmation Interview, by appointment February 20-March 2, 2018

Confirmation Practice Monday, April 16, 2018
Mass from 6:45-7:30 PM
Practice from 7:30-8:30 PM in Church

Confirmation Mass Sunday, April 22, 2018 at 12:00 Mass

Green highlights are for candidates, their sponsor and family!

ST. REGIS CONFIRMATION REGISTRATION 2018

Due to the PARISH OFFICE by October 9, 2017

Candidate's Full Name:

_____ *(Last)* _____ *(First)* _____ *(Middle)* _____ *(Height)*

Parent email Address _____ **Phone** _____

Full Birth Date _____

FULL Address _____ *(Street)* _____ *(City / Zip)*

Sacrament of Baptism _____ **at** _____
(full date) _____ *(church)* _____ *(city)* _____ *(state)*

Received First Communion _____ **at** _____
(full date) _____ *(church)* _____ *(city)* _____ *(state)*

Prepared for Reconciliation _____ **at** _____
(full date) _____ *(church)* _____ *(city)* _____ *(state)*

Father's Full Name _____

Mother's Full MAIDEN Name _____

Confirmation Name

The name given to you at baptism is the name by which you were welcomed into the Church. It's not necessary therefore to choose a new name for Confirmation. If there is however a Catholic saint that you admire or wish to model your life after then you may choose that person's name as your Confirmation name.

Confirmation Name: _____

Please write how your name should appear on your Confirmation certificate:

Confirmation Sponsor

Name: _____

Sponsor's current Parish: _____

Address: _____

Relationship: _____

- † Sponsor must be a confirmed Catholic
- † Sponsor may NOT be the candidate's parent, but could be your baptismal Godparent
- † Sponsor must be at least 16 years old
- † Sponsor must provide a copy of his or her own baptismal / Confirmation certificates.

